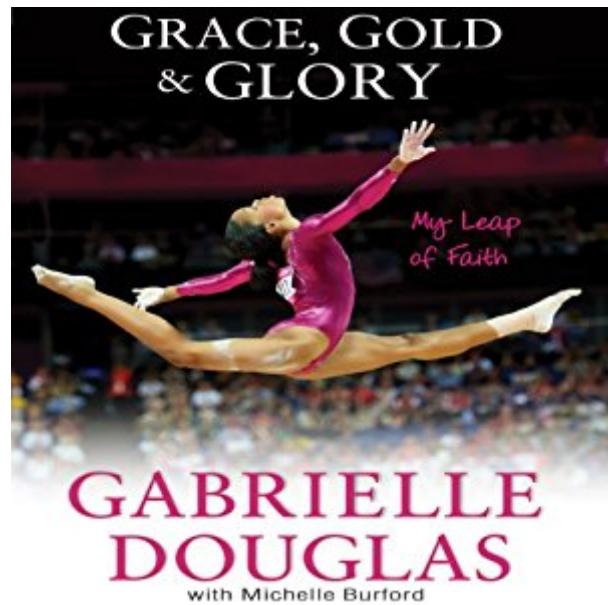


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# Grace, Gold And Glory: My Leap Of Faith



## Synopsis

In the 2012 London Olympics, US gymnast Gabrielle Douglas stole hearts and flew high as the All-Around Gold Medal winner, as well as acting as a critical member of the US gold-medal-winning women gymnastics team. In this personal autobiography, Gabrielle tells her story of faith, perseverance, and determination, demonstrating you can reach your dreams if you let yourself soar.

## Book Information

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## Customer Reviews

Are you a teen athlete or the parent supporting the dream of one? Gabby Douglas unlocks her story, and in doing so, she inspires the young athletes and their parents who follow a similar path. Giving the glory to God, Gabby is living proof that faith and family sustain when the physical body and mind fall short. When I read the end of chapter 18, my eyes filled with tears. Gabby knows my daughter's conflict! It isn't just me as a mom and my daughter as a Junior Olympic athlete (a diver, not a gymnast, but it all rings true, regardless of the sport). Even the best, most talented, and most successful like Gabby Douglas are torn between being a top-performing athlete and being a normal teenager. Her writing sings to the heart of a teen, phrased in a way that lets your mind imagine the exact words coming from a little personal text message from Gabby to you. She empowers her decisions with Biblical truth, and in doing so, she helps us believe that God's plan is perfect, no matter how the world may convince you otherwise. This is a must-read, and I can hardly wait until Christmas day, when my daughter can devour Gabby's inspiring words.

As the editor of Their Journey to the PhD, I know first-hand about overcoming struggles to achieve something great and wanting to inspire others with our actions! From being homeless to experiences with racism, she provides a real life discussion of her journey to the gold medal in the sport of gymnastics. I highly recommend this book for anyone to read but especially for young girls who have a dream.

My 10-year-old daughter loved this book and shared it with friends in her 4th grade class who all loved it too. Gabby talks about how her faith, friends and family helped her overcome the obstacles she faced on the way to achieving her Olympic dream. This is a wholesome, positive book and Gabby is a great role model for young girls. It's written in the first person, almost like a journal. For grade-schoolers becoming curious about the teenage phase, it's often hard to find books that are suitable for young readers. This one is terrific. For older readers with an interest in Gabby and gymnastics, this book will not disappoint. I read it so my daughter and I could talk about it, and I thoroughly enjoyed it - well-written and honest, it also conveys the excitement of competition through the eyes of a young, world-class athlete.

This book had to be the best Christmas gift that my teen had under the tree in relation to the substance in it. It speaks talks about having a "Faith Walk" and several scriptures to support Gabby's walk along the way. It shows that it's not easy accomplishing your dreams, but knowing that if Gabby got there, you can too. I read the book in less than one day. I didn't want to put it down because I wanted to hear more about her struggle and determination to get there. The book is also on a level the teens can understand and very interesting to keep their attention. I highly recommend this book!!

My husband bought this book for our daughter for Christmas. Our daughter has done competitive gymnastics since age 6 and is now 11 years old. A lot of hours, intense training and effort goes into this sport and the fact that our daughter misses out on a lot of things that other kids her age gets to do comes up sometimes. This book is a great read and realization for anyone considering the sport or currently in gymnastics that will open the eyes to the fact that the road to success is not always easy, but as the great Napoleon Hill said, "Whatever the mind can conceive and believe, it can achieve." •

Gabby Douglas is a very optimistic girl. She succeeded where many would have quit. I am

impressed with her level and her tenacity. this is a well written narrative about her life. It is fairly complete but doesn't reveal any of the hardships she must have faced because of her skin color. I really admire the achievements that this young lady has made and the interesting way herstory was told.

In her short little life, she has been through a lot. Training for most of her life to get to her goal and make the Olympic Team and win gold. This is a story about triumph, victory, succeeding and overcoming the odds. She is an inspiration to many young athletes and gymnasts who are also working hard to make their dreams come true.

I got this book last year and I read it in a few day. It was such a great story about who Gabrielle Douglas was and what her journey was like. It really gives the reader inside look at her life. She is a colorful, expressive writer which makes it a pleasure to read. There are some great pictures inside the book as well and the book cover itself on the back is a poster of her. I'd recommend it to anyone who wants an inspiring read!

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